



What is Borderline Personality Disorder?

People with borderline personality disorder are impulsive, prone to mood swings and erratic behaviours. They are also easily depressed and tend to class things in black and white terms. The central feature of BPD is instability, afflicting patients with mood swings, troubled relationships, frequent self-harm and a rollercoaster emotional life

Why Borderline?

The name borderline personality disorder was coined by Adolph Stern in 1983 to describe a group of patients that did not fit into an existing diagnosis. Stern found these patients were neither neurotic nor psychotic but displayed symptoms of both. This would result in the patient being on the border between neurosis and psychosis. Although in the present day things are seen differently the name has still stuck. Nowadays, there is a new name for people with this diagnosis: emotionally unstable personality disorder. This applies throughout Europe

BPDWORLD



Where to find us

Visit our website www.bpdworld.org for information, advice and support

Helpline: 0870 005 3273
Talk to an understanding volunteer

Info line: 0870 005 6787

Contact addresses and for the pen pal service:

BPDWORLD
22 Revenue Chambers
St Peters Street
Huddersfield
HD1 1DL

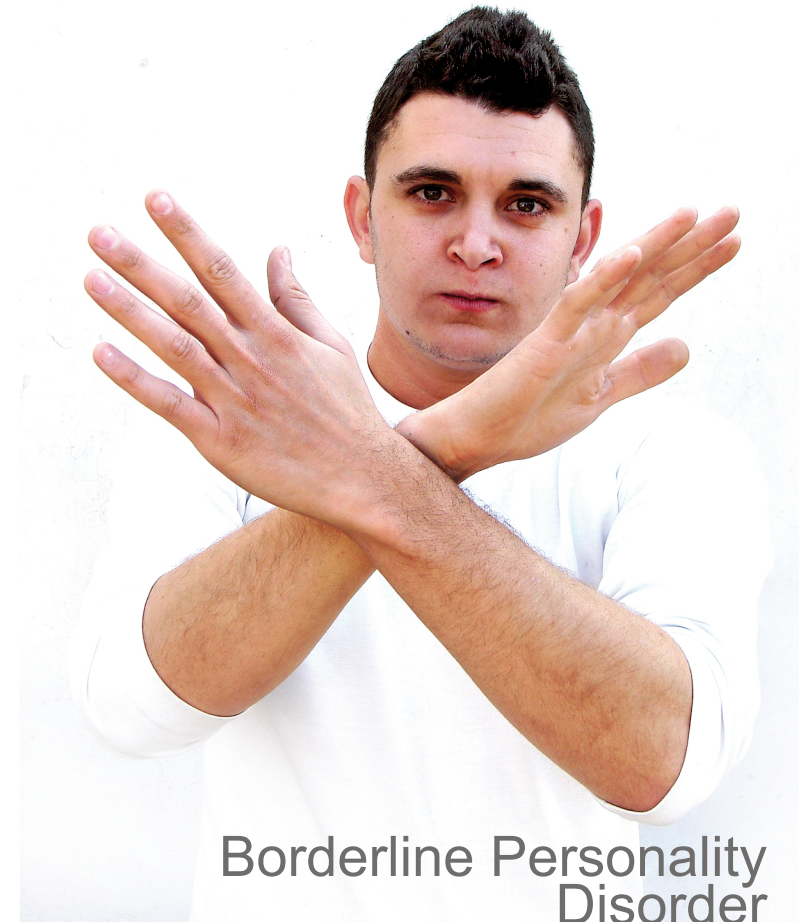
Registered Charity Number:
1111750

WWW.BPDWORLD.ORG

BPDWORLD

Providing Information, Advice & Support to those affected by Personality Disorder

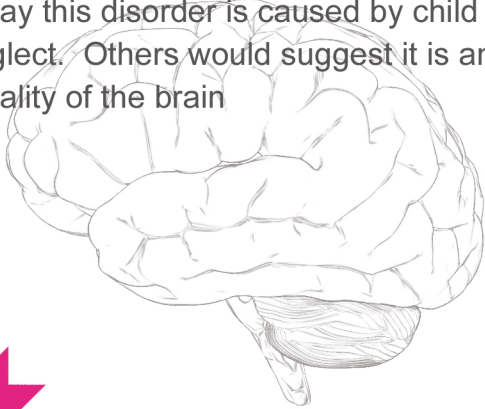
0870 005 6787



Borderline Personality Disorder

Causes of BPD

There are many suggested causes of borderline personality disorder, but no definite answer. We would say this disorder is caused by child abuse and neglect. Others would suggest it is an abnormality of the brain



Our Services

At BPDWORLD, we offer the following services:

- Advocacy
- Free counselling
- Base for the national telephone helpline (information, advice and support)
- All our services are free of charge and counsellors are fully qualified with specialist knowledge of mental health issues
- Male / female counsellors available

Call for details or to book an appointment

Online Services

Along with a wealth of information on BPD and other mental health issues there is also a wide range of online support services.

We have forums for those with mental health issues, including a separate forum for those who are survivors of abuse.

User chat room where people from each of the forum communities can talk to others who have had similar experiences to themselves

Journal / Blogs: keep an online record of your day-to-day journey through the healing process. Entries can be kept private or published for others to read and respond.

Live chat where a person in need may contact one of our volunteers

Email support where a person in need may contact one of our professionals or volunteers

Crisis support centre is where a user may go for crisis resolution help. Led by experience volunteers, who offer practical advice to empower individuals to make their way through the crisis



About BPDWORLD

Joshua Cole set up BPDWORLD in March 2003. He felt the need to set up the organisation, as there was no support available to those with borderline personality disorder (BPD). Joshua understood how desperate the situation was due to him having this particular mental health condition himself. Although support existed for a wide range of other mental health issues, he did not feel that there was anything focusing on this very complex disorder.

BPDWORLD started as a homemade website but this substantially changed as Joshua realised how many people were benefiting from such a resource. After just a short amount of time, BPDWORLD now offers the widest range of support services to all with mental health issues, but focussing on borderline personality disorder

